



# NEW BRAUNFELS POLICE DEPARTMENT

## Mental Health Community Resources



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**FOR EMERGENCIES, PLEASE DIAL 9-1-1**

**Non-Emergency Number: 830-221-4100**  
**3030 West San Antonio St. New Braunfels, TX 78130**

## **Comal County Residents:**

### **Hill Country MHDD/MHMR - Local Mental Health Authority**

A nonprofit entity that provides community mental health services in Comal County by promoting independence, community integration, and recovery. Provides services for community mental health, veterans, developmental disabilities, substance misuse, and a mobile crisis outreach team to respond to mental health emergency situations. Local transportation can be provided for appointments.

**24 Hour Crisis Line:** 1 -(877)-466-0660  
**Phone Number:** (830) 620-6221  
**Address:** 358 Landa St. New Braunfels, Texas 78130  
**Office Hours:** Monday - Friday, 8am - 5pm (Closed Weekends)  
**Website:** [www.hillcountry.org](http://www.hillcountry.org)

## **Guadalupe County Services:**

### **Bluebonnet Trails Community Services - Local Mental Health Authority**

Their mission includes the provision of valued services to adults with serious mental illness; to children and adolescents with serious mental illness or emotional disorders, autism or pervasive developmental disorders; to persons with developmental disabilities; to infants and toddlers with developmental delays; and to adults and children with family health care needs.

**24 Hour Crisis Line:** 1 -(800)-841-1255  
**Phone Number:** (844) 390-6385  
**Address:** 1104 Jefferson Ave. Seguin, Texas 78155  
**Office Hours:** Monday - Friday, 8am - 5pm (Closed Weekends)  
**Website:** [www.bbtrails.org](http://www.bbtrails.org)



## Basic Needs

### San Antonio/New Braunfels Food Bank

1620 S Seguin Avenue, New Braunfels, TX 78130 | (830) 327-6000 | [www.nbfoodbank.org](http://www.nbfoodbank.org)

The mission of the New Braunfels Food Bank (NBFB) is to fight hunger in Southwest Texas through food distribution, programs, education, and advocacy. The NBFB serves the community with food, job, and government benefits (WIC, SNAP, TANF, Medicaid, CHIP) assistance. They can provide nutrition, health, and wellness programs for children, seniors, and pets.

### Salvation Army Service Center

617 S Business IH 35, New Braunfels, TX 78130 | (830) 608-9129 | [www.salvationarmytexas.org/newbraunfels](http://www.salvationarmytexas.org/newbraunfels)

The Salvation Army is a Christian organization committed to Doing the Most Good in the community. The Salvation Army provides social services, crisis assistance, financial assistance for living expenses, and disaster relief to residents of New Braunfels and Comal County. They offer life skills and self-sufficiency classes for children and adults.

### NB Housing Partners' First Footing Program

Edelweiss Inn, 1063 IH35 North, New Braunfels, TX 78130 | (830) 272-5020 (24/7)

[www.nbhousingpartners.org](http://www.nbhousingpartners.org)

NB Housing Partners' First Footing Program offers shelter, meals, basic living supplies, services such as budgeting and housing navigation, and links to healthcare and counseling for adults experiencing homelessness.

### NB Housing Partners' Winter Shelter

Edelweiss Inn, 1063 IH35 North, New Braunfels, TX 78130 | (830) 272-5020 (24/7)

[www.nbhousingpartners.org](http://www.nbhousingpartners.org)

NB Housing Partners' Winter Shelter is open to everyone on nights that reach 45° or below. They will have a warm place to sleep, eat and shower for the night. No pets allowed, but call for other possible arrangements.

### American Red Cross- New Braunfels Chapter

1297 Church Hill Drive, Ste 214, New Braunfels, TX 78130 | (830) 608-9876 | [www.co.comal.tx.us/ARC.htm](http://www.co.comal.tx.us/ARC.htm)

The New Braunfels Chapter of the American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disaster and help people prevent, prepare for and respond to emergencies.

### Communities in Schools

161 S Castell Avenue, New Braunfels, TX 78130 | (830) 620-4247 | [www.cis-sct.org](http://www.cis-sct.org)

The mission of Communities in Schools of South Central Texas (CIS) is to surround students with a community of support, empowering them to stay in school and achieve in life. CIS offers students opportunities to participate in drop-out prevention, college readiness, and mentoring programs. CIS also offers the Youth Mental Health First Aid and Signs of Suicide programs to address the mental health needs of youth. CIS also operates the Communities in Schools Thrift Shop located at 1058 Business IH 35, New Braunfels, Texas 78130.

### **Community Council of South-Central Texas**

111 W San Antonio Street, Ste 210-3, New Braunfels, TX 78130 | (830) 625-6268 | [www.ccsct.org](http://www.ccsct.org)  
CCSCT empowers vulnerable families and individuals in greater South-Central Texas to achieve self-sufficiency by eliminating barriers through innovative programs and strong community partnerships. They offer programs such as utility assistance, home and rental assistance, home weatherization, WIC, childcare and free cervical cancer screening and diagnostic testing.

### **Connections**

1414 W San Antonio Street, New Braunfels, TX 78130 | (830) 629-6571 | [www.connectionsifs.org](http://www.connectionsifs.org)  
24-Hour Crisis Hotline: 800-532-8192

Connections offers counseling and prevention education services for youth, adults, and families. They have a crisis hotline and referral services, as well as substance abuse prevention services. Connections also provides short-term residential services for runaway, abused or neglected, homeless, and at-risk youth, and the Transitional Living Program for youth ages 15-17. Counseling available from youth to adult with sliding scale fees.

### **Crisis Center of Comal County**

1547 E Common Street, New Braunfels, TX 78130 | (830) 620-7520 | [www.crisiscenternb.org](http://www.crisiscenternb.org)  
24-Hour Crisis Line: 1-800-434-8013

The Crisis Center of Comal County provides crisis and prevention services to victims of domestic violence (DV) and sexual assault (SA). The agency provides a 24-hour emergency shelter, court accompaniment, case management, counseling, children's program, and legal advocacy to men, women, and children who are victims of domestic violence and/or sexual assault.

### **Family Life Center**

444 E San Antonio Street, Ste 1101, New Braunfels, TX 78130 | (830) 625-7100 | [www.flcnb.org](http://www.flcnb.org)  
The Family Life Center connects under-resourced and/or unemployed residents to a network of assistance programs in the community. The center can assist with rent/utility assistance, food assistance, short-term prescriptions, fuel cards, budgeting, holiday gifts and clothing.

### **Family Promise of Greater NB**

P.O. Box 311866, New Braunfels, TX 78131 | (830) 214-0024 | [www.FPGNB.org](http://www.FPGNB.org)  
Family Promise helps homeless and low-income families achieve and sustain safe housing, gainful employment, and independence. Family Promise provides education and training designed to assist families in achieving the goal of stable and sustainable housing, moving them permanently out of homelessness.

### **The Gabriel Project**

198 W Zink Street, New Braunfels, TX 78130 | (830) 481-0258 | [www.sppnb.org/gabriel-project](http://www.sppnb.org/gabriel-project)  
The Gabriel Project of New Braunfels is a pro-life ministry that provides crisis pregnancy services. The Gabriel Project offers emotional support, assistance with material needs, and referrals to community resources to any woman in a crisis pregnancy.

**Habitat for Humanity**

1269 Industrial Drive, New Braunfels, TX 78130 | (830) 625-4025 | [www.comalhabitat.org](http://www.comalhabitat.org)

Comal County Habitat for Humanity seeks to bring people together to build homes, communities and hope. Habitat offers home ownership opportunities to families through the Home Building Program, a Home Repair Program which provides affordable home repairs on homes owned and occupied by people of limited income and operates the ReStore, a discount home improvement store.

**New Braunfels Housing Authority**

300 Laurel Lane, New Braunfels, TX 78130 | (830) 625-6909 | [www.nbhatx.us](http://www.nbhatx.us)

The New Braunfels Housing Authority administers the public housing programs Section 8 Housing Choice Vouchers and Low Rent Public Housing for low-income families.

**Options for Life**

1126 North Loop 337, New Braunfels, TX 78130 | (830) 629-7565 | [www.optionsforlifennb.org](http://www.optionsforlifennb.org)

24-Hour Crisis Hotline: 800-712-4357

Options for Life is a religious organization dedicated to educating and encouraging people to choose life, make positive sexual choices and to bring healing to those affected by abortion. Options for Life provides a free crisis pregnancy center and includes parenting classes, adoption referral services, a car seat program, and pregnancy/STI testing.

**SOS Food Bank**

248 W Merriweather Street, New Braunfels, TX 78131 | (830) 629-3663 | [www.sosfoodbankinc.com](http://www.sosfoodbankinc.com)

The SOS Food Bank is committed to fighting hunger in New Braunfels through emergency issues and monthly food allotments to needy families.

**SJRC Texas**

652 Old Bear Creek Road, New Braunfels, TX 78132 | (210) 876-6763 | [www.sjrctexas.org](http://www.sjrctexas.org)

SJRC offers healing and hope to children and families affected by abuse, abandonment or neglect. SJRC provides emergency placement, therapeutic residential care, community foster care, pregnant and parenting teen services, Parents as Teachers Program, and adoption services. They also have a family community resource center that offers classes, services, and basic needs assistance (210-904-0952).

**Steve's Pantry (Gruene United Methodist Church)**

2629 E Common Street, New Braunfels, TX 78130 | (830) 625-7200 | [www.grueneumc.org/steves-pantry](http://www.grueneumc.org/steves-pantry)

Steve's Pantry provides homeless and in-need individuals with emergency food, pet food, gas cards, clothing, laundry, clothing vouchers and showers. They also offer services of case management, health education, an on-site registered nurse, and community resource referrals.

## **Mental Health**

### **River City Advocacy, Inc.**

1614 W San Antonio Street, New Braunfels, TX 78130 | (830) 643-0200 | [www.rivercityadvocacy.org](http://www.rivercityadvocacy.org)

River City Advocacy is a community mental health nonprofit that provides affordable mental health services to residents of New Braunfels and Comal County. River City Advocacy offers reduced-rate individual, couples & family counseling, free and reduced-rate veterans counseling, support groups, life skills workshops, art/ creative expression programs, and peer program activities.

### **RecoveryWerks!**

790 Landa Street, New Braunfels, TX 78130 | (830) 310-2456 | [www.recoverywerks.org](http://www.recoverywerks.org)

RecoveryWerks helps teens, young adults and families heal from the effects of substance use disorder.

RecoveryWerks offers recovery support services for teens and families in a safe and nurturing environment.

### **Mental Advocacy Partners Comal County**

Comal County | [www.mapcomal.org](http://www.mapcomal.org)

The purpose of MAP Comal is to provide hope, as well as resources on mental wellness in Comal County.

### **Guadalupe Valley Christian Counseling Center**

314 N. Austin St. Suite 111 Seguin, TX 78155 | (830)303-3161 | [www.guadalupecounseling.org](http://www.guadalupecounseling.org)

Guadalupe Valley Christian Counseling Center (GVCCC) is a non-profit Christian agency supported by area churches. They are clinically trained and experienced professionals who utilize the tools of the psychotherapeutic fields to help clients achieve optimal mental, emotional and spiritual health.

### **Teddy Buerger Center – Guadalupe Regional Medical Center**

1215 E Court St #106, Seguin, TX 78155 | (830)401-1367/ (830)379-2411

[www.grmedcenter.com/patients-visitors/behavioral-health/teddy-buerger-center/](http://www.grmedcenter.com/patients-visitors/behavioral-health/teddy-buerger-center/)

The Teddy Buerger Center is the only licensed treatment center in Guadalupe County and has been offering outpatient chemical dependency and mental health services to children, adolescents, and adults since 1992. The facility is licensed by The Joint Commission of Accreditation of Healthcare Organizations (TJC) and The Texas Department of State Health Services (TDH).

### **Chosen**

144 Clemens Avenue, New Braunfels, TX 78130 | (830) 455-0101 | [www.chosen.care](http://www.chosen.care)

Chosen's mission is to support permanent, loving and safe environments for foster and orphaned children. Chosen offers mentoring services and parent education for foster, adoptive, and kinship caregivers. Chosen also provides Trauma-Informed Care trainings.

### **Hill Country Hope4Mental Health**

6260 Hwy 281 North, Spring Branch, TX 78070 | [www.hillcountryhope4mentalhealth.org](http://www.hillcountryhope4mentalhealth.org)

A collaboration of mental health professionals, community leaders and churches working to increase education and awareness of mental health issues, share resources, reduce stigma, remove barriers, aid in early detection and develop support groups for all affected by mental health issues.

**Hope Hospice**

611 N Walnut Avenue, New Braunfels, TX 78130 | (830) 625-7525 | [www.hopehospice.net](http://www.hopehospice.net)

Hope Hospice provides excellence in care, comfort and education to all affected by life-limiting illness, grief and loss. Hope Hospice provides compassionate, personalized end of life care and counseling services to help those affected by grief & loss, which anyone is eligible to use. They also operate the Hope Hospice Thrift Store.

**New Braunfels Christian Ministries- Oakwood Counseling**

176 S Hickory Ave, New Braunfels, TX 78130 | (830) 627-7006 | [www.oakwoodcounselingnb.com](http://www.oakwoodcounselingnb.com)

NBCM Oakwood Counseling provides Christian-based counseling services from licensed contract counseling staff. Services are offered to children, adolescents, and adults through individual, marital, and/or family counseling.

**New Braunfels Two-Four Club**

1142 Eikel Street, New Braunfels, TX 78130 | (830) 625-0057

Provides a safe and clean facility for the exclusive use of Alcoholics Anonymous, Al-Anon and any other 12 Step program as approved by the Two-Four Club Board of Directors.

**PTSD Foundation of America**

9724 Derrington Road, Houston, TX 77064 | (832) 912-4429 | [www.ptsdusa.org](http://www.ptsdusa.org)

24-Hour PTSD Trauma Helpline: 877-717-7873

The Mission of the PTSD Foundation of America is to bring hope and healing to Combat Veterans and their families suffering from the effects of combat-related Post Traumatic Stress. Their services also assist non-combat Veterans, Active Military and Law Enforcement.

## **Kids/Families**

### **New Braunfels Christian Ministries- Kids' Club**

169 S Hickory Avenue, New Braunfels, TX 78130 | (830) 626-7762 | [www.nbkidsclub.org](http://www.nbkidsclub.org)

NBCM Kids' Club provides elementary students in NBISD and CISD a free after-school program that offers a safe environment for children of low-income families to grow academically, be encouraged socially, and be nurtured physically. Participating students benefit from positive adult mentors, educational tutoring, nutritional meals, and enrichment activities including sports and art in a safe environment two days each week.

### **Any Baby Can of San Antonio**

801 W San Antonio Street, New Braunfels, TX 78130 | (800) 524-3755 | [www.anybabycansa.org](http://www.anybabycansa.org)

The mission of Any Baby Can is to serve families with children and youth facing serious health or developmental challenges. Services offered include: Case Management, Information/Referrals, Crisis Financial Assistance, Autism Support Services, Prescription Services, Center for Infant and Child Loss, Health/Wellness, Sibling Support.

### **Big Brothers Big Sisters of Comal/Guadalupe County**

10843 Gulfdale, San Antonio, TX 78216 | (830) 777-7476 | [www.bigmentor.org](http://www.bigmentor.org)

Big Brothers Big Sisters provides children facing adversity in Comal County with professionally supported, one-to-one mentoring relationships that change their lives for the better, forever.

### **BCFS-Head Start**

2386 W San Antonio Street, New Braunfels, TX 78130 | (830) 331-8908 | [www.discoverbcfs.net](http://www.discoverbcfs.net)

BCFS Education Services provides comprehensive early childhood education and family support services to disadvantaged families in NBISD, to promote school readiness by enhancing the social and cognitive development of children by providing educational, health, nutritional, social and other services. For ages 3-5 years.

### **CASA of Central Texas**

1619 E Common Street, Ste 301, New Braunfels, TX 78130 | (830) 626-2272 | [www.casacentex.org](http://www.casacentex.org)

CASA of Central Texas recruits, trains and supports volunteer advocates to speak on behalf of abused and neglected children in State protective care. Advocates represent the child in the courts, schools, and child welfare system to ensure the child's needs are met and the cases are resolved in the child's best interest.

### **Children's Advocacy Center of Comal County**

1168 Pride Drive, New Braunfels, TX 78132 | 18382 FM 306 #103, Canyon Lake, TX 78133

(830) 626-2543 | [www.comalcac.org](http://www.comalcac.org)

The Children's Advocacy Center provides a neutral, child-friendly agency to the community that facilitates a multidisciplinary approach in the prevention, detection, investigation, and treatment of child abuse. The Children's Advocacy Center offers counseling and a child abuse prevention program.



### **Comal ISD Homeless Liaison**

1404 IH 35 North, New Braunfels, TX 78130 | 830-221-2182 | [www.comalisd.org/apps/pages/mckinney-vento](http://www.comalisd.org/apps/pages/mckinney-vento)  
Comal ISD is committed to ensuring that all school-aged homeless children are entitled to the same free and appropriate public education that is provided to non-homeless students and are presented with the opportunity to experience success in school. Schools are required to remove barriers to the enrollment, attendance, and academic success of homeless students. Under the No Child Left Behind Act, this program protects children who are living in transitional housing situations and states that any student lacking a fixed, regular or adequate place to live is eligible for this program.

### **New Braunfels ISD Homeless Liaison**

1000 N Walnut Avenue, New Braunfels, TX 78130 | (830) 643-5736 | [www.nbisd.org/page/ai.mckinneyvento](http://www.nbisd.org/page/ai.mckinneyvento)  
The NBISD liaison shall receive and provide to appropriate staff members professional development regarding services required by law to identify and meet the needs of students who are homeless. In addition, the liaison shall regularly review with campus admissions personnel the laws and administrative procedures applicable to students who are homeless. The District shall not stigmatize or segregate a student who is homeless.

### **STEPS**

1311 Industrial Drive, Ste A, New Braunfels, TX 78130 | (830) 387-6095 | [www.stepsforlife.org](http://www.stepsforlife.org)  
STEPS helps individuals and families who are ready to make changes to achieve a greater life through life coaching, community referrals, and life skills training. They not only look at the immediate needs of the individual or family, but also their long-term wellbeing.

### **Comal County Veteran Services Office**

1297 Church Hill Drive, New Braunfels, TX 78130 | (830) 221-1170 | [www.co.comal.tx.us/VET.htm](http://www.co.comal.tx.us/VET.htm)  
The Comal County Veteran Services Office provides comprehensive knowledge of federal and state laws and regulations applying to veterans and their dependents in obtaining all veterans benefits to which they may be entitled.

### **Westside Community Center**

2932 S IH 35 Frontage Road, New Braunfels, TX 78130 | (830) 221-4630 | [www.newbraunfels.libguides.com/westside](http://www.newbraunfels.libguides.com/westside)  
The Westside Community Center will improve lives by providing resources and an inclusive environment for lifelong learning, health, and wellness. They host a variety of free fitness programs, free kids' programs, English as a Second Language (ESL) classes, a mobile food pantry, cooking programs, craft programs, health screenings, cultural events, and gardening demonstrations in its community garden. They have full-court gymnasium, a commercial kitchen, meeting spaces, and the Westside branch of the New Braunfels Public Library.

### **Workforce Solutions Alamo – New Braunfels**

183 IH 35 South, New Braunfels, TX 78130 | (830) 629-2010 | [www.workforcesolutionsalamo.org](http://www.workforcesolutionsalamo.org)  
Workforce Solutions Alamo is a branch of Texas Workforce Solutions that offers job training and placement for veterans, adults, and adults with disabilities. They also have programs for childcare for low-income families, on-the-job training, work experience programs, as well as vocational rehabilitation services.

## Physical Health

### **New Braunfels Christian Ministries- Volunteers In Medicine**

1195 W San Antonio Street, New Braunfels, TX 78130 | (830) 632-5131 | [www.nbvim.org](http://www.nbvim.org)

NBCM Volunteers in Medicine seeks to understand and serve the health and wellness needs of the medically underserved by providing quality, compassionate and personalized care in a caring environment. New Braunfels Volunteers in Medicine provides no cost medical and dental services.

### **Comal County Health Department**

1297 Church Hill, Ste 102, New Braunfels, TX 78130 | (830) 221-1150 | [www.co.comal.tx.us/health.htm](http://www.co.comal.tx.us/health.htm)

The Health Department protects and promotes the health of Comal County residents by offering affordable immunizations, and various lab tests such as hearing, vision, pregnancy tests and STI education. No individual will be denied essential public health services because of the inability to pay. The Health Department will make provisions for a reduction or waiver of fees for individuals unable to pay for services in part or in full.

### **Audie Murphy Veteran's Affairs Hospital**

7400 Merton Minter, San Antonio, TX 78229 | (210) 617-5300 | [www.va.gov/south-texas-health-care](http://www.va.gov/south-texas-health-care)

Our hospital provides primary care and specialty health services, including mental health care, women's health services, prosthetics, kidney care and dialysis, dental services, treatment for spinal cord injury, bone marrow transplants, and more. Below, you'll find our address and hours, parking and transportation information, and the other health services we offer at our Audie L. Murphy Memorial Veterans Hospital in San Antonio.

### **Endeavors Clinic**

6333 De Zavala Road, Ste B101, San Antonio, TX 78249 | (210) 469-9664 | [www.endeavors.org](http://www.endeavors.org)

Endeavors offers multiple services to active and retired military members and their families like services to post-9/11 Veterans, including National Guard and Reserves, regardless of role in uniform, discharge status, or combat experience, active-duty service members with a TRICARE referral, and military families. The Veteran Supportive Services (VSS) rapidly re-houses and prevents homelessness among eligible Veterans and their families.

### **Community Action of Central TX**

215 S Reimer Avenue, Ste 130, San Marcos, TX 78667 | (512) 392-1161 | [www.communityaction.com](http://www.communityaction.com)

Community Action, Inc. of Central Texas mission is to develop opportunities for people and communities to realize their potential by providing resources and comprehensive services to empower Central Texans of all ages, including seniors to become self-sufficient. Community Action offers breast cancer outreach and case management services to individuals in Comal County.

## **Texas Department of Aging and Disability Services- DADS**

(855) 937-2372 | [www.dads.state.tx.us/](http://www.dads.state.tx.us/)

The Central Texas Aging, Disability & Veterans Resource Center through the Department of Aging and Disability Services can provide access to Long Term Services and Support Services that are the best fit for you. Community Care Programs, In Home Services, Community Based Alternatives (CBA), Community Living Assistance and Support Services (CLASS), Deaf-Blind with Multiple Disabilities (DBMD), Medically Dependent Children Program (MDC)

## **Texas Ramp Project**

P.O. Box 832065, Richardson, TX 75083 | (214) 558-0339 | [www.texasramps.org](http://www.texasramps.org)

Texas Ramp Project constructs free wheelchair ramps for low-income older adults and people with disabilities identified by local health care providers, in Comal County who cannot otherwise afford them.

## **Texas Vocational Rehabilitative Services**

183 S IH 35, New Braunfels, TX 78130 | (830) 629-2010 |

[twc.texas.gov/jobseekers/vocational-rehabilitation-services](http://twc.texas.gov/jobseekers/vocational-rehabilitation-services)

Texas Workforce Solutions-Vocational Rehabilitation Services (TWS-VRS) is a partner within the Texas Workforce System to support job seekers with disabilities as they prepare for, obtain, maintain, or advance in competitive integrated employment. Vocational Rehabilitation (VR) services are available to eligible individuals with disabilities across Texas and VR staff are co-located within many Workforce Solutions Offices. The Texas Workforce System is intended to support everyone who wants to work, with supports and services to help them get a job or keep a job or advance in a career. This includes identification and referral of workforce customers who may be eligible for VR Services.

## **Community Enrichment**

### **Central Texas Dispute Resolution**

300 SCM Allen Parkway, Ste 400, San Marcos, TX 78666 | (512) 878-0382 | [www.centexdrc.org](http://www.centexdrc.org)

Central Texas Dispute Resolution provides low-cost mediation and conflict resolution services and relevant training in Hays, Comal, Guadalupe, and Caldwell Counties.

### **SA Lighthouse for the Blind**

2305 Roosevelt Avenue, San Antonio, TX 78210 | (210) 533-5195 | [www.salighthouse.org](http://www.salighthouse.org)

The SA Lighthouse for the Blind serves people who are blind or visually impaired to help create individual independence by providing rehabilitation programs and employment opportunities that measurably improve the lives of blind and visually impaired individuals. The SA Lighthouse for the Blind offers career support, education and training, and specialized services for all ages.